



One day, Smartie was on his tablet after school. He was allowed to play games before teatime and he'd been looking forward to relaxing all day!

Everything was going well, but just as Smartie was celebrating finishing a level, the game stopped suddenly.







A new advert started playing and Smartie didn't know what to do. "How annoying!" he said. "I'm in the middle of playing and now this is on my screen, and it's getting in the way! Perhaps if I tap the red cross then I can get rid of it."







Smartie tapped the red cross, but a new message popped up, saying 'ONE FREE SPIN.'

"Oh!" exclaimed Smartie. "Maybe I need to play to get rid of it. It does look like fun!"









Can you help Smartie make the right decision?

Should he click, 'ONE FREE SPIN' and spin the wheel, or should he ask his parents for help?





Time to chat!



"Help!" cried Smartie. "Daddy, Mummy, can you help me please? Something is on my screen, and it says that I can have a free turn!"







"Well done, Smartie," said Daddy Penguin. "What a fantastic choice you made!"

"You did the right thing asking for help, and not trying to fix it by yourself," said Mummy Penguin.







Mummy Penguin was so pleased with what Smartie had done, they sang a special song together, to help remind him of his sensible decision, so that he would continue to ask for help in the future.





You need to stop and think...

And TELL someone!







Mummy Penguin closed the advert that had popped up and Smartie continued to play on his tablet.







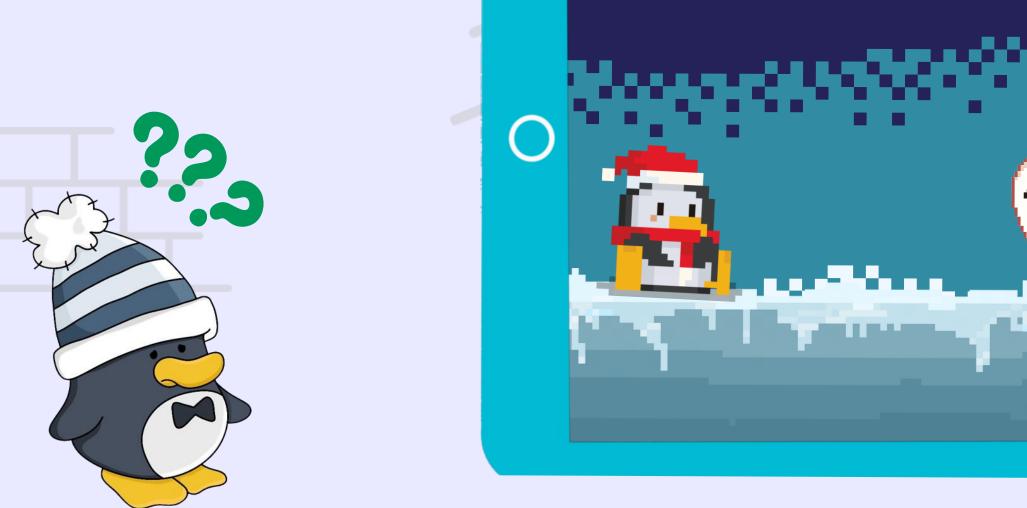
The next afternoon, Smartie was looking forward to playing online again. He went to find his favourite game, but something had changed...







This wasn't right! Smartie was very confused... "Hang on a minute," he thought to himself, "I know what has happened. My big sister Addie has been using my tablet without asking me!"







Smartie knew that this was a game for much older children. He thought that he might know what to do to find his favourite game, and which buttons to press, but on the other hand he wasn't too sure.







What should Smartie do?

Should he try to find his game by himself, or should he ask for help?





Let's help Smartie to make the right decision by singing his special song!
One, two, three...



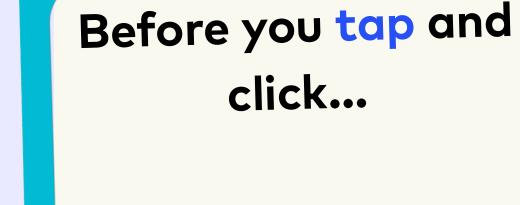








Sing with me!



You need to stop and think...

And TELL someone!















"Help!" shouted Smartie. "Mummy, Daddy, please help me. I'm trying to find my game, but Addie has changed something!"









"Well done, Smartie," replied Mummy Penguin. "You remembered the song brilliantly! You did just the right thing by asking for help and not trying to find the game by yourself."

Mummy Penguin helped Smartie get back to his game and

everything was fine again.





Later that evening... can you guess what Smartie was doing?

That's right! Smartie was having one last turn on his tablet and was trying to beat his top score from yesterday. His best friend from school, Zo, was online too and they were really enjoying themselves.







All of a sudden, the other players started saying unkind things and being mean to Zo.

One player said, "You're not very good at this game, are you?"







The other player sent another message. "I don't want you playing on our team anymore," they teased. Zo quickly left the game and Smartie felt sad. He didn't understand why they were being mean to her.







What should Smartie do?

Should he just ignore the messages and do nothing, or should he tell Mummy and Daddy instead?





Let's help Smartie to make the right decision by singing his special song!
One, two, three...



Before you tap and click...

You need to stop and think...

And TELL someone!













Sing with me!





"Daddy! Mummy!" called Smartie. "The other players are being mean to Zo and said they didn't want her to play, and now she's left the game. What shall I do?"

"Oh, Smartie, you were so sensible coming to tell us," reassured

Daddy Penguin.







"Unfortunately not everyone is nice online and sometimes other players can say mean things. If this happens to you or one of your friends, it's important not to be mean back, and always come to tell us straight away."









"We can help by blocking the player so that they can't talk to you again. I will chat to Zo's mummy too, to check that Zo is okay."







"Remember, it's important to be kind to others online, just as you would be if you were playing together in person. We want everyone to feel welcome and happy when using the internet."









From that day on, Smartie always knew how to be safe when using his tablet and playing on the internet! If anything happened that made him feel worried, upset, or confused, he didn't try to fix things by himself.





I am very lucky because
I have Mummy and
Daddy Penguin to help
me!
But who can help you?











Before you tap and click...

You need to stop and think...

And TELL someone!











